GIMNASIO INDARBIDE

CURSO 2026 - 2027

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
KARATE ADULTO 10:00h – 11:10h		**KARATE ADULTO** 10:00h – 11:10h		
KARATE INFANTIL 17:30h – 18:25h	**KARATE INFANTIL** 17:30h – 18:25h	**KARATE INFANTIL** 17:30h – 18:25h	**KARATE INFANTIL** 17:30 – 18:25	
BIOENERGÍA-Taichi 18:25h – 19:25h	**KARATE JUVENIL** 18:25h – 19:25h	**BIOENERGÍA-Taichi** 18:25h – 19:25h	**KARATE JUVENIL** 18:25h – 19:25h	
KARATE ADULTO 19:35h – 20:45h		**KARATE ADULTO** 19:35h – 20:45h	**KARATE ADULTO** 19:35h – 20:45h	
	BOXEO – KICK BOXING 20:00 – 21:30		**BOXEO – KICK BOXING** 20:00 – 21:30	

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